



Healthy temptation!



You know you can...

Healthy temptation!  You know you can...



**Contact us!**

If you have any ideas for new, delicious products or you would like to share your opinion of feel FIT brand, just write to us:

**[info@feel-fit.pl](mailto:info@feel-fit.pl)**

**Follow us:**





# Hello, we are **feel FIT** !

We believe that **GOOD FOOD** should not only be **HEALTHY** and of high quality, but also taste **DELICIOUS**. When you eat well, you feel **GOOD**. You are ready for the **BIGGEST ADVENTURES OF YOUR LIFE**. **Feel FIT** products are rich in protein and wholesome ingredients, so that they can give you **GOOD ENERGY** and self-indulgence.

## Feel FIT products are definitely for you if:

- you are looking for tasty and healthy snacks,
- you often crave for sweets,
- you are active and value high-quality food,
- you are always in a hurry and you are looking for products that you can eat anytime, anywhere.



# PROTEIN PEANUT BUTTER PRALINES

## In Premium milk chocolate



no added sugar

premium milk chocolate

17% protein

gluten free

### They melt in your mouth...

The extraordinary flavor of Premium milk chocolate with peanut butter filling and a hint of salt will surely delight many connoisseurs. We have carefully crafted this exquisite treat with a focus on exceptionally delicious and natural composition. Our product features the highest quality chocolate, with no added sugar, and a delectable peanut butter enriched with whey protein. Enjoy the indulgence of our Premium milk chocolate with peanut butter, a truly delightful and guilt-free treat.

feel FIT PROTEIN PEANUT BUTTER PRALINES:		shelf life	12 months
33 g	5903246877397	display 33 g	24 pieces
		pallet	325 displays, 7 800 pieces
66 g	5903246877380	display 66 g	14 pieces
		pallet	126 displays, 1 764 pieces

Healthy temptation!  You know you can...

**NEW!**



# PROTEIN CHOCOLATES WITH PEANUTS

In Premium dark chocolate



no added sugar

gluten free

17% protein

no palm oil



## Old recipe in healthy style.

Protein Choco & Peanut are protein chocolates coated in Premium Belgian dark chocolate with a rich and nutty filling. These delightful treats combine great flavor with functional qualities. Created with care and precision, each piece is a masterpiece of flavor and nutrition. They contain 17% protein, with no added sugar. So go ahead and relish the moment, knowing that with every bite, you're treating yourself to a blissful and wholesome delight. Enjoy the deliciousness and nutritional benefits of these protein-packed chocolates!

feel FIT PROTEIN CHOCO & PEANUT 83 g:		shelf life	12 months
code EAN piece	5903246877328	display	14 pieces
		pallet	126 displays, 1 764 pieces

Healthy temptation!



You know you can...

# PROTEIN NUT SPREAD & SNACK

with mini grissini on the go!

no palm oil

source of phytosterols & EFAs

17% protein  
in the cream



no added sugar

## Out of passion for good nutrition...

Good ingredients: **hazelnuts, cocoa, whey protein concentrate, maltitol, and healthy fats. No unnecessary extras!** **Whey protein concentrate** contributes to the building of muscles and supports their regeneration. **Maltitol** means 2x fewer calories, protection against tooth decay, and a lower glycemic index. **Shea butter and rapeseed oil** are an irreplaceable source of unsaturated fatty acids and phytosterols important for health. 2 options of the product: spread or snack with crispy mini grissini.

feel FIT PROTEIN NUT cocoa & hazelnut spread 200 g	5903246877366	shelf life	12 months
		carton / pallet	6 pcs / 324 cartons, 1 944 pcs
feel FIT PROTEIN NUT cocoa & hazelnut spread with mini grissini 25 g	5903246877342	shelf life	10 months
		display / pallet	15 pcs / 336 displays, 5 040 pcs

Healthy temptation!  You know you can...



# PLANT-BASED VEGANELA SPREADS

with no added sugar

no palm oil

cocoa & hazelnut

milk free

no added sugar



VEGAN



salted caramel

**NEW!**



## Veganela is so tasty!

With our planet's well-being in mind, we've created new spread recipes that are entirely free of animal-derived ingredients. Introducing VEGANELA spreads, now available in two delicious variants: cocoa & hazelnut and salted caramel. What's more, these spreads are made without any added sugar, ensuring a delightful and guilt-free experience. Enjoy the goodness of VEGANELA spreads, making every moment of indulgence truly delightful and planet-friendly.

feel FIT VEGANELA 200 g:		shelf life	15 months
cocoa & hazelnut	5903246877304	carton	6 pieces
salted caramel	5903246877410	pallet	324 cartons, 1 944 pieces

Healthy temptation!



You know you can...

# VEGANELA BALLS WITH COCONUT MILK

with no added sugar

**NEW!**

no palm oil

100% vegan

with cocoa fat

whole almond inside



no added sugar

## Nature's Bliss in Every Bite...

Discover real plant-based sweet pleasure without added sugar! Feel FIT Coconut Veganela Balls are unique coconut pralines with almonds that not only taste delicious, but are also ideal for those practicing a vegan diet. Our coconut balls are completely free of animal ingredients, making them a great option for vegans. Enjoy the taste of crunchy almonds, creamy coconut filling inside wafer balls, and delicate coconut flakes on the outside. Our exquisite treats let you keep your diet healthy and pleasant.

feel FIT COCONUT VEGANELA BALLS:		shelf life	12 months
27g	5903246877892	display 27g	24 pieces
		pallet	325 displays, 7 800 pieces
63g	5903246877670	display 63g	14 pieces
		pallet	126 displays, 1 764 pieces

Healthy temptation!  You know you can...







# PROTEIN COCONUT BALLS

with no added sugar



with an almond



no added sugar

17% protein



## Temptation you don't have to resist

Protein coconut balls are fit, healthy and tasty snacks that can easily replace traditional sweets! Each praline contains a carefully selected whole ALMOND and PROTEIN CREAM with a delicate consistency and coconut flavour. It is coated in CRUNCHY WAFER with a coating glaze and sprinkled with coconut flakes.

**Now you can grab your favourite sweets without any regrets!**

feel FIT ROYAL COCONUT PROTEIN BALLS:		shelf life	12 months
27 g	5903246877151	display 27 g	24 pieces
		pallet	325 displays, 7 800 pieces
63 g	5903246877267	display 63 g	14 pieces
		pallet	126 displays, 1 764 pieces



Healthy temptation!  You know you can...



# CRISPY & TASTY PROTEIN BARS

with no added sugar

35% protein

high fibre

no trans fat



energy and satiety

no added sugar\*

\*Contains only naturally occurring sugars

3 flavours: coconut, vanilla, caramel



**For any time of the day,  
not only after training!**

- » MILK PROTEIN: 80% casein - longer lasting amino acids distribution, anti-catabolic properties; 20% whey
- » COLLAGEN: for joints and skin
- » SOYA: health benefits - decreases the risk of atherosclerosis, lowers bad cholesterol

feel FIT PROTEIN 35% 40 g:			
PROTEIN 35% crispy vanilla	5903246877014	shelf life	12 months
PROTEIN 35% crispy caramel	5903246877007	display	32 pieces
PROTEIN 35% crispy coconut	5903246877021	pallet	280 displays, 8 960 pieces

Healthy temptation!  You know you can...



# ENERGY FROM RAW NUTS AND SEEDS!

## 100% natural & healthy ingredients



### RAW NUTS ENERGY

with almonds, cranberries, pumpkin seeds perfectly fuels your brain, improves concentration and memory

### RAW NUTS ENERGY

with cashews, raw cacao nibs, blackcurrant is ideal for every chocolate-lover and it lifts your moods

### RAW SEEDS ENERGY

with blueberries, chia seeds, cherries improves your metabolism, cleanses your body of toxins and prevents aging



## Ingredients (all healthy and delicious):

**RAW NUTS:** almonds, cashews

**RAW SEEDS:** pumpkin, chia, sunflower, sesame, flaxseeds

**FRUITS:** blueberry, chokeberry, blackcurrant  
raw cacao nibs, natural honey, expanded millet

feel FIT RAW NUTS & SEEDS ENERGY 35 g:			
almonds, cranberries, pumpkin seeds	5903246877496	shelf life	12 months
cashews, raw cacao nibs, blackcurrant	5903246877502	display	12 pieces
blueberries, chia seeds, cherries	5903246877519	pallet	832 displays, 9 984 pieces

Healthy temptation!  You know you can...

# A TASTY CHOICE FOR A HEALTHY SANDWICH

Elements of a balanced diet: vegetables and pea protein



hummus with nigella seeds

vegan



high protein

only natural ingredients



## Pea protein makes you feel full for longer

Protein Hummus with nigella seeds and Protein Veggie Paste with smoked pepper are delectable spreads, perfect for enhancing the taste and healthiness of your sandwiches. Both spreads are crafted using chickpeas as the base, along with thoughtfully selected additions to create a delightful flavor profile. We've enriched these spreads with easily absorbed and non-allergenic pea protein, which reduces appetite and provides a longer-lasting feeling of fullness.

feel FIT HIGH PROTEIN VEGGIE PASTES 185 g:			
Hummus with nigella seeds and pea protein	5903246877144	shelf life	12 months
Vegetable paste with smoked pepper and pea protein	5903246877168	carton	6 pieces
		pallet	288 cartons, 1 728 pieces

Healthy temptation!  You know you can...





# VEGGIE PROTEIN QUICK MEALS

Eat straight from the jar!

**NEW!**

ready to eat  
without heating

vegan

chickpeas  
in Indian style

rich in vegetables

high protein

## TAKE READY MEALS WITH YOU

Feel FIT Protein Quick Meals are the ultimate ready-to-eat solution! No cooking or hot water needed – just open the jar and dig in! They're loaded with healthy veggies like chickpeas or pinto beans, and powered up with pea protein for a wholesome and filling meal. The taste is elevated with a perfect blend of herbs and spices like ginger, cumin, and turmeric, making each bite incredibly delicious. Take Feel FIT Protein Quick Meals with you wherever you go – to work, on a hike, or on a trip. They're a convenient and nutritious option for your busy lifestyle.

feel FIT VEGGIE PROTEIN QUICK MEAL 185 g:			
with chickpeas in Indian style	5903246877236	shelf life	12 months
with pinto beans in Italian style	5903246877212	carton	6 pieces
with red beans in Mexican style	5903246877441	pallet	288 cartons, 1 728 pieces

Healthy temptation!  You know you can...



# DISCOVER OUR INNOVATIVE PRODUCTS

We are proud that our products are part of the best food innovations in the world chosen among thousands of this year's new grocery items.






Feel FIT Protein Peanut Butter Pralines became the winner of the Innovation Awards during Yummex Middle East 2021. Other products from this page have been selected as SIAL INNOVATION SELECTION by the jury of experts during SIAL PARIS 2020 trade fair.

Healthy temptation!  You know you can...



# SUMMARY OF FUNCTIONAL BENEFITS

Product	Added protein	No added sugar	Gluten free	Plant-based	Vegetarian	Dairy & lactose free	Other key benefits
 Royal Coconut Protein balls	+	+	-	-	+	-	with almonds
 Protein Choco & Peanut	+	+	+	-	+	-	Premium dark chocolate
 Protein Peanut Butter Pralines	+	+	+	-	+	-	Premium milk chocolate
 Veganela Balls	-	+	-	+	+	+	high fibre, no palm oil
 ProteinNut	+	+	-	-	+	-	no palm oil
 Protein Nut with mini grissini	+	+	-	-	+	-	no palm oil
 Veganela	-	+	-	+	+	-	no palm oil
 Protein 35% bars	+	+	-	-	+	-	high fibre, 35% protein
 Raw nuts & seeds energy bars	-	-	+	-	+	+	100% natural, Honey as sweetener
 Protein veggie paste & hummus	+	+	+	+	+	+	100% natural
 Protein quick meals	+	+	+	+	+	+	100% natural

Healthy temptation!  You know you can...



*Newtrition*

*Newtrition Sp. z o.o. sp. k., 5A Plocka Str, 01-231 Warsaw, Poland  
info@feel-fit.pl, +48 515472761, [www.feel-fit.pl](http://www.feel-fit.pl)*

Healthy temptation!



You know you can...



Republic  
of Poland

European Union  
European Regional  
Development Fund

